

THE SUMMER EDITION

“DON'T LET THE SEEDS STOP YOU FROM ENJOYING THE WATERMELON.”



June 6, 2018

Mentor Training 2 of 4

Volunteering with any program takes dedication to see a mission through. Project Hope mentors are no exception. Not only do they spend 1-2 hours weekly with their mentee, but quarterly the mentors get together for training based on the topics they express have proved trying for them. We focused on engaging our youth in difficult conversations this month & how to empower them to make their own guided decisions.

June 26, 2018

Annual Independent Living Picnic!

Every year, IL and Project Hope youth join forces in an effort to do one thing: dominate the Children & Youth Services staff in our volleyball tournament at our annual IL picnic. This year, we weren't so fortunate and the staff took home the trophy. Our loss aside, the youth and their mentors enjoyed a fun day in the sun with their caseworkers and look forward to 2019's picnic already.

Project Hope Stats

Welcome, newcomers!

- ★ 3 new mentors!
- ★ 7 new potential mentors!
- ★ 5 new mentees!
- ★ 4 new potential mentees!
- ★ 2 matches made!
- ★ **9 mentors needed!**

Be the Change

Do you ever find yourself thinking – or possibly saying out loud – “kids these days?” Have you recently had a conversation with your friends about how difficult it would be to grow up in “this day and age?” Project Hope is your opportunity to be a solution to these challenges! Become a mentor with PH & have your hand in shaping the future.



INTERESTED IN VOLUNTEERING WITH PROJECT HOPE?

CONTACT PROJECTHOPE@ADAMSCOUNTY.US OR CALL 717-337-0110 TO GET STARTED TODAY!

New Project Hope Partners!

Deb Collins –

Be Your Own Buddha

Why look outside of yourself for

someone to be when the best

You can be found inside of yourself!



DebC1111@gmail.com

The Professional Humanitarian Project

Aims to enhance the leadership, culture, and community of organizations that care for those who cannot care for themselves.
www.theprofessionalthumanitarian.com



From the Desk of Project Hope's Program Coordinator

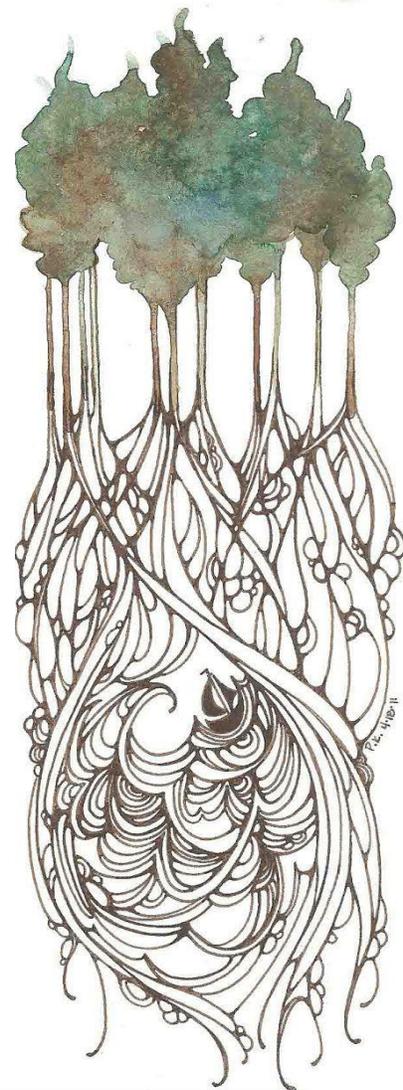
Introducing: Potential Mentor Meet-Ups

In June, I introduced a young person involved with Project Hope to their prospective mentor. This particular mentee is interested in pursuing a career in medicine and spent a few hours with their potential mentor, a paramedic, who took us on a tour of an ambulance and an Emergency Room. As the mentor chatted away about all the potential opportunities becoming an EMT could provide this young person, I realized this was the most quiet the mentee had ever been. When there was a moment to interject, I asked the mentee what was on their mind as they looked around the busy ER. "Just thinking, Miss Tessa," they said. "Trying to picture myself working here one day."

The Law of Attraction. Visualization. Physically being in the work environment you are interested in pursuing before you even graduate high school and knowing that you too will roam these halls confidently one day - but only with the help of your mentor.

In July, I introduced another young person to their potential mentor. This mentee is so full of life and unique interests yet continues to find themselves hanging with a crowd who is notorious for making risky decisions. "I don't want to not have ANY friends and I can't really make new ones," they said to me when I first told them about our mentoring program. Weeks later, I'm introducing the young person to an extremely creative, compassionate, and versatile mentor who proudly defines themselves as an optimist. By the end of our evening, the young person's smile takes up their entire face as they tell me they want to see their potential mentor again and says, "You're really good at this matching thing" while closing my car door behind them.

Connection. Understanding. Genuine interest in another's life. **Listening.** Showing them a new way of being - of thinking. Getting to the root of a young person's needs and finding them a positive adult role model who is willing to consistently dedicate time to them... This is how we truly change lives and break the cycle. This is how we develop young people to be positive contributing members to society.



Spending just an hour a week with a Project Hope youth could make the difference between our young people feeling isolated & forgotten vs. feeling valued & confident! Consider becoming a mentor with Project Hope & changing a young person's life forever.

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